

2010 Mental Health Consumer Conference

A Conference to Support the
Statewide Mental Health Consumer Network

United We Stand Wisconsin



**“Mental Health Reform:
Advocating for Our Future”**

November 22nd and 23rd 2010

**Kalahari Resort
Wisconsin Dells, WI**

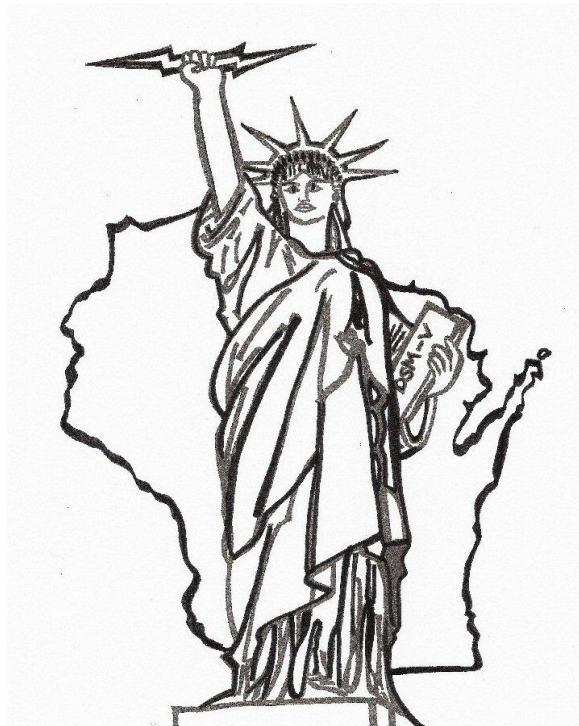
**Sponsored By
Grassroots Empowerment Project Inc**

**Funded By:
State of WI- Department Of Health Services
Division of Mental Health and Substance Abuse**

2010 Conference Supporters:

NAMI WI- Consumer Council
Stable Life
Recovery Implementation Taskforce
Wisconsin Clubhouse Coalition
Wisconsin Council on Mental Health
Mental Health America of Wisconsin
Independent Living Council of Wisconsin
Wisconsin Coalition of Independent Living Centers
Disability Rights Wisconsin

United We Stand



About Our Keynote Speakers:
September 22nd

Shel Gross
Director of Public Policy
Mental Health America of WI

***“There is no “U” in Health Care Reform:
Let’s Do Something About That”***

The good news: the past two years have seen a number of significant legislative victories for mental health advocates. The bad news: implementation of these laws can be done in ways that undermine their spirit. This keynote will highlight the potential promise for people with mental illnesses and their families contained in health care reform and identify key decision points in the process of translating policy into practice. That is where “U” come in: learn what role you can play in shaping the outcome.

September 23rd

Lauren Spiro
Executive Director
National Coalition for Mental Health Recovery

“On The Leading Edge of Consumer Run Services Across the US”

A look at some of the hottest advances in consumer-run services including but not limited to community-based crisis services (alternatives to hospitalization), the pioneering work of peer specialist, how institutions are eliminating the use of seclusion and restraint and more. Lauren will also highlight some of our successful advocacy work and how the consumer/survivor voice is increasing and is being heard in the nation’s capitol and across the U.S.

Monday, November 22nd

7:00 – 8:45 AM **Conference Registration and Breakfast Buffet**

8:45 – 9:00 AM **Welcoming Remarks -General Meeting Room**

9:15 – 10:00 AM **“There is no “U” in Health Care Reform:
Let’s Do Something About That”
Shel Gross**

10:00 – 10:15 AM **Break**

10:15 – 11:45 AM **Workshops:**

<p><u>Understanding the Big Picture of Policy Making and How YOU Can Make an Impact</u> Understanding how Mental Health Policy is created and what YOU can do to make the positive changes needed to promote Recovery for ALL</p>	<p><i>Dianne Greenley Paula Buege</i></p>	
<p><u>Putting Trauma Informed Care into Practice</u> Learn about a new way of <u>being with</u> each other in healing relationships.</p>	<p><i>Melissa Butts David Brown</i></p>	
<p><u>Kindling Oomph!</u> (Oomph: energy or enthusiasm) Awaken and invigorate your interest in you! Join us as we embark on an adventure to uncover, discover, and recover positive connections, to kindle passion, and celebrate who you are and the person you want to be!</p>	<p><i>Beth Burazin Ardyth Krause</i></p>	
<p><u>Peer Specialist: Where We Were, Where We Are and Where We Are Going</u> Learn about the Wisconsin Peer Specialist Employment Initiative and the great progress Wisconsin is making!</p>	<p><i>Alice Pauser and others</i></p>	

12:00 – 1:00 PM **Lunch Buffet**

1:00 – 2:45 PM **Workshops**

Repeated from the morning (same workshops in same rooms)

2:45 – 3:00 PM **Break**

3:00 – 4:30 PM **GEP Membership Meeting & Election – General Meeting Room**

6:00 – 7:00 PM **Dinner**

7:00 – 10:00 **Join us for an evening of fun and laughs at the Water Park**

Tuesday, November 23rd

- 8:00 – 8:45 AM Breakfast Buffet
- 8:45 – 9:00 AM Announcements – General Meeting Room
- 9:00 – 10:00 AM “On The Leading Edge of Consumer Run Services Across the US”
Lauren Spiro
- 10:00 – 10:30 AM Break and hotel check out
- 10:30 – 12:00 PM Workshops-

<p><u>Consumer-Run Community-Based Crisis Services</u> Consumer-run crisis alternatives (to hospitalization) are spreading across the US. Hear about why these programs are so important, how they are being started, funded, their challenges and rewards, their outcomes, and more.</p>	<p><i>Lauren Spiro</i></p>	
<p><u>Consumer Run Services: What are They and Why are They Important to Us?</u> Presenters will share what they have learned in running a consumer run organization for 10 years. What is their value to them, to consumers, to the community?</p>	<p><i>Becca Sniderman and Lyn Malofsky</i></p>	
<p><u>Person Centered Planning: How to Direct Your Own Services</u> Learn how to turn your own hopes and dreams into a Recovery Plan and get others to support you in reaching for the stars</p>	<p><i>Lalena Lampe</i></p> <p><i>Consumer Panel</i></p>	
<p><u>WI Department of Corrections is Now the Biggest Mental Health Care Provider- What’s Wrong With This Picture?</u> Learn about what is happening for consumers in jails and prisons and how we can advocate to protect their rights and help them get the supports they need.</p>	<p><i>Tamra Oman Todd Winstrom</i></p>	
<p><u>One Good Way to Get the Jobs We Want</u> Supported Employment is one of the ways to get a job you want, and continue to be supported by DVR and mental health services such as CSP and CCS. It’s all about getting competitive work of interest to you.</p>	<p><i>Cheryl Lofton and Others</i></p>	

- 12:00 – 1:00 PM Lunch
- 1:00 – 2:30 PM Workshops –
- Repeated from the morning (same workshops in same rooms)*
- 2:30 – 3:00 PM Break and Wrap Up and Evaluations – General Meeting Room

READ THIS THOROUGHLY

- “Early Bird” Consumer Registration is \$40.00 but must be turned in by October 20th
- Consumer Registrations received from October 21st-November 1st- \$50.00
- All others (non mental health consumers) have a registration fee of \$100.00
- The registration fee includes all materials, breakfast, lunch and dinner on Monday; and breakfast and lunch on Tuesday.
- Hotel costs are not included in the registration fee.
- There are NO scholarships for the Registration Fee. (Be creative in looking for other ways of paying for registration: ask other mental health organizations in your area, check with your County Human Services, ask your Case Manager or Service Facilitator)
- No refunds will be given after November 1, 2010.
- Grassroots Empowerment Project is NOT responsible for arranging or reimbursing you for transportation to or from the Conference

Lodging

- A block of rooms will be held at the Kalahari Resort until Monday November 1, 2010 under *Grassroots Empowerment Project* at a special rate of \$70.00 for a single room or \$79.00 for a double room.
- If you do not get a scholarship (see below) YOU are responsible for making your own hotel reservation and paying for your room

Lodging Scholarships

- A limited number of lodging scholarships are available for mental health consumers on a first-come, first-serve basis for Monday November 22nd .
- If you receive a scholarship Grassroots Empowerment Project will make your hotel reservation
- Attendees traveling more than 120 miles (one way) to the conference are also eligible for November 21st lodging scholarships. Each person requesting a scholarship must agree to share a room with one other person.
- Both individuals must register separately and indicate on your registration form who your roommate will be.
- If you do not indicate a roommate, one will be assigned to you.

Substitutions

We realize that there may be reason for you to cancel after registering and that you may want to substitute another person in your place. Please be advised that there will not be any substitutions granted after November 1, 2010

If you have questions, please contact:

Grassroots Empowerment Project

1-800-770-0588, Ext. 9

mollycisco@msn.com or mkeneen@yahoo.com

Conference Registration Form

Registration Deadline is Monday November 1, 2010

YOU MUST FILL OUT THIS FORM COMPLETELY. PLEASE PRINT CLEARLY.

Name _____

Address _____

City/State/Zip _____

Phone _____ Email _____

I am a male ____ female ____

Do you require any type of special accommodation due to a disability (wheelchair accessible room, sign language interpreter, etc)? _____

Do you have any special dietary requirements? _____

Lodging Scholarship Requested:

_____ Sunday, November 21st

_____ Monday, November 22nd

_____ Miles from the conference site (Must be more than 120 miles one way to be eligible for Sunday night lodging)

My roommate is _____
(remember your roommate must register too and list YOUR name)

Please find me a roommate _____

Registration Fee (must be included with this form):

_____ \$50.00– Mental Health Consumers

_____ \$90.00 – All Other Participants

Wisconsin's New State Law Prohibits Smoking in Hotels – Effective July 5, 2010

Make checks payable: Grassroots Empowerment Project Inc.

**Mail to: Grassroots Empowerment Project
PO Box 8683
Madison, WI 53708**

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